



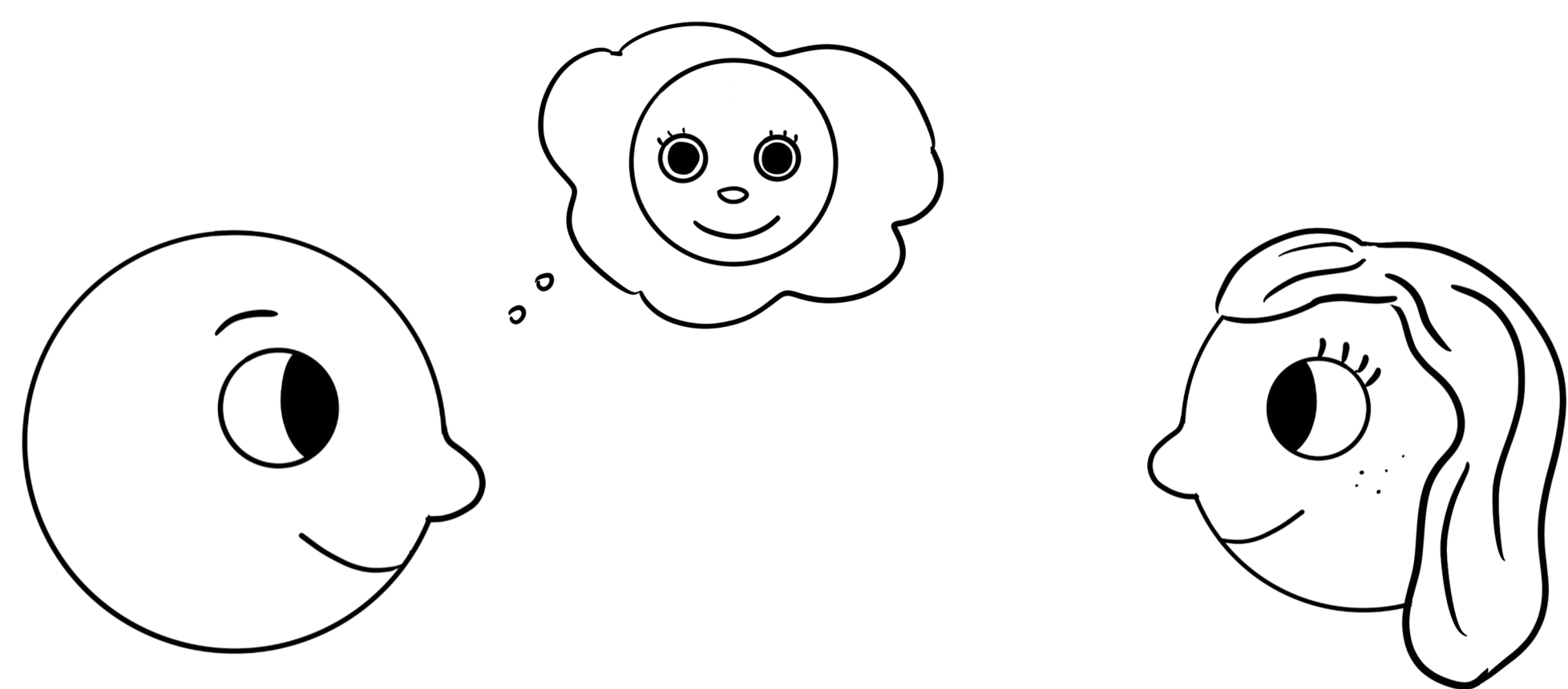
# Are you looking at me? An objective state of mind reduces sensitivity to other's emotional expressions

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## AIM

Does an objective state of mind impair emotion perception?

## BACKGROUND



- **Objective state of mind:** people perceive themselves as the object of another's observation.
- **Internal simulation** helps us understand another's emotional state.

## METHOD

- 150 participants in an online experiment

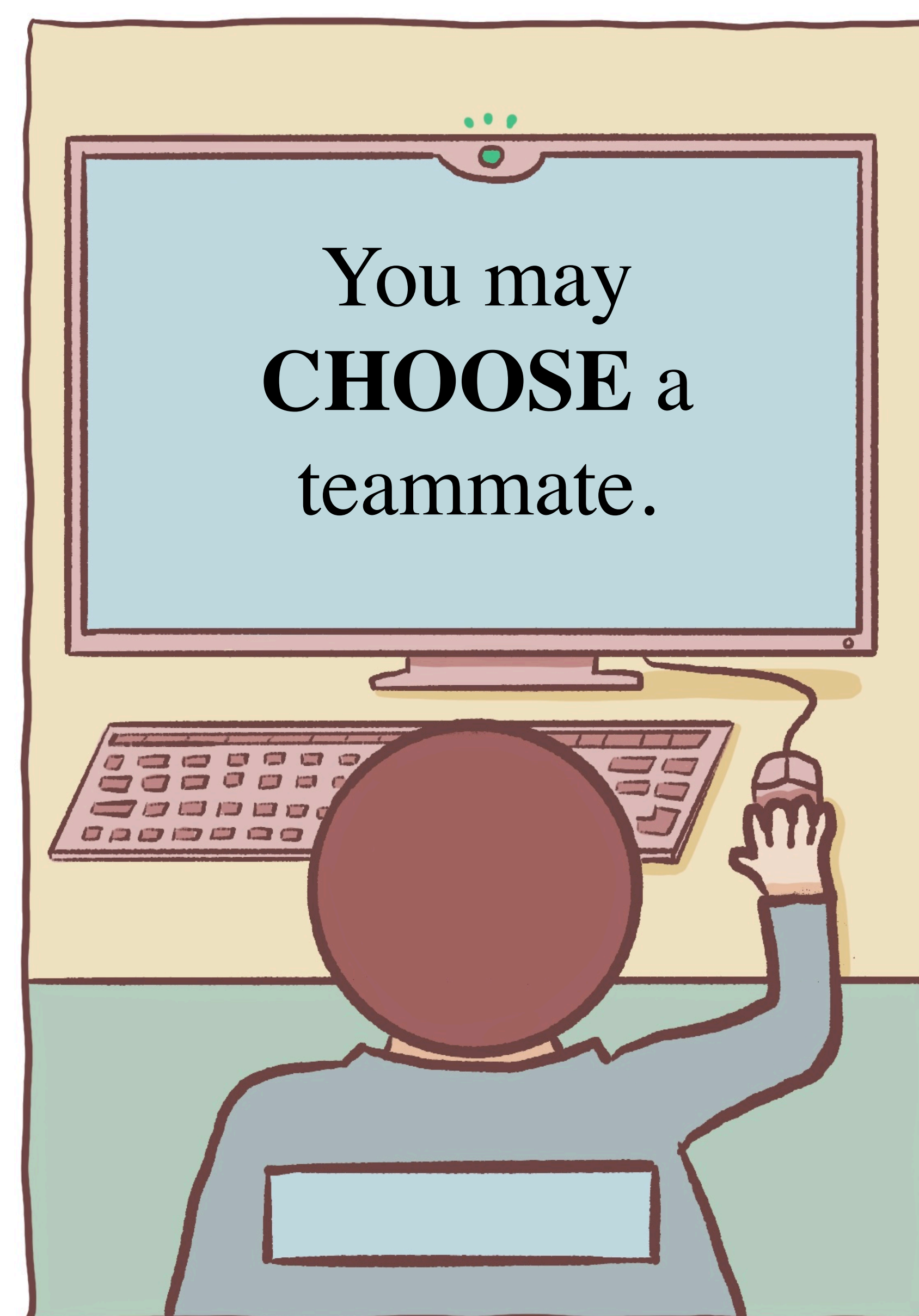
## Emotion Perception Task



-3	-2	-1	0	+1	+2	+3
Highly negative	Moderately negative	Slightly negative	Neutral	Slightly positive	Moderately positive	Highly positive

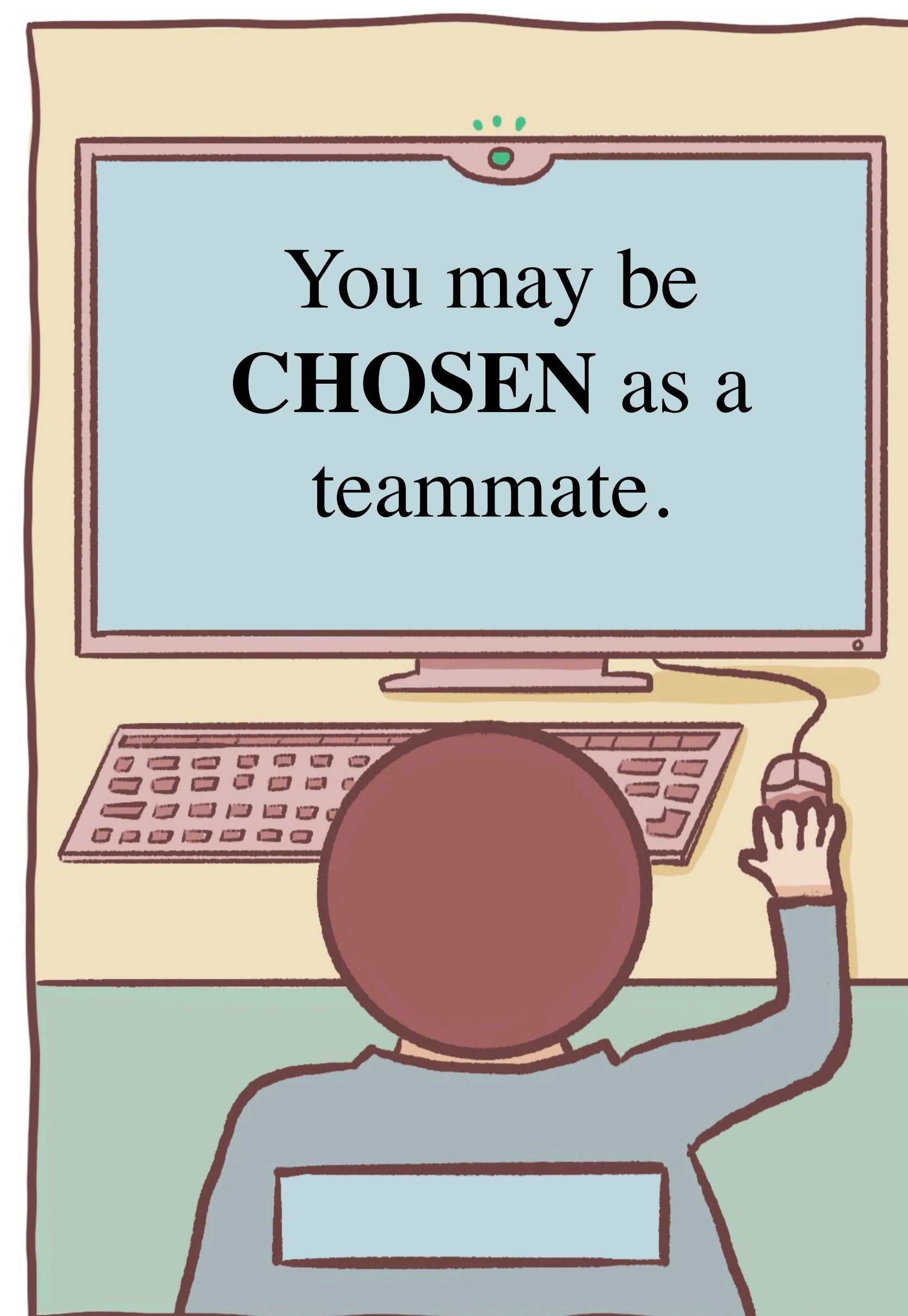
## Mind State Manipulation

### Evaluating



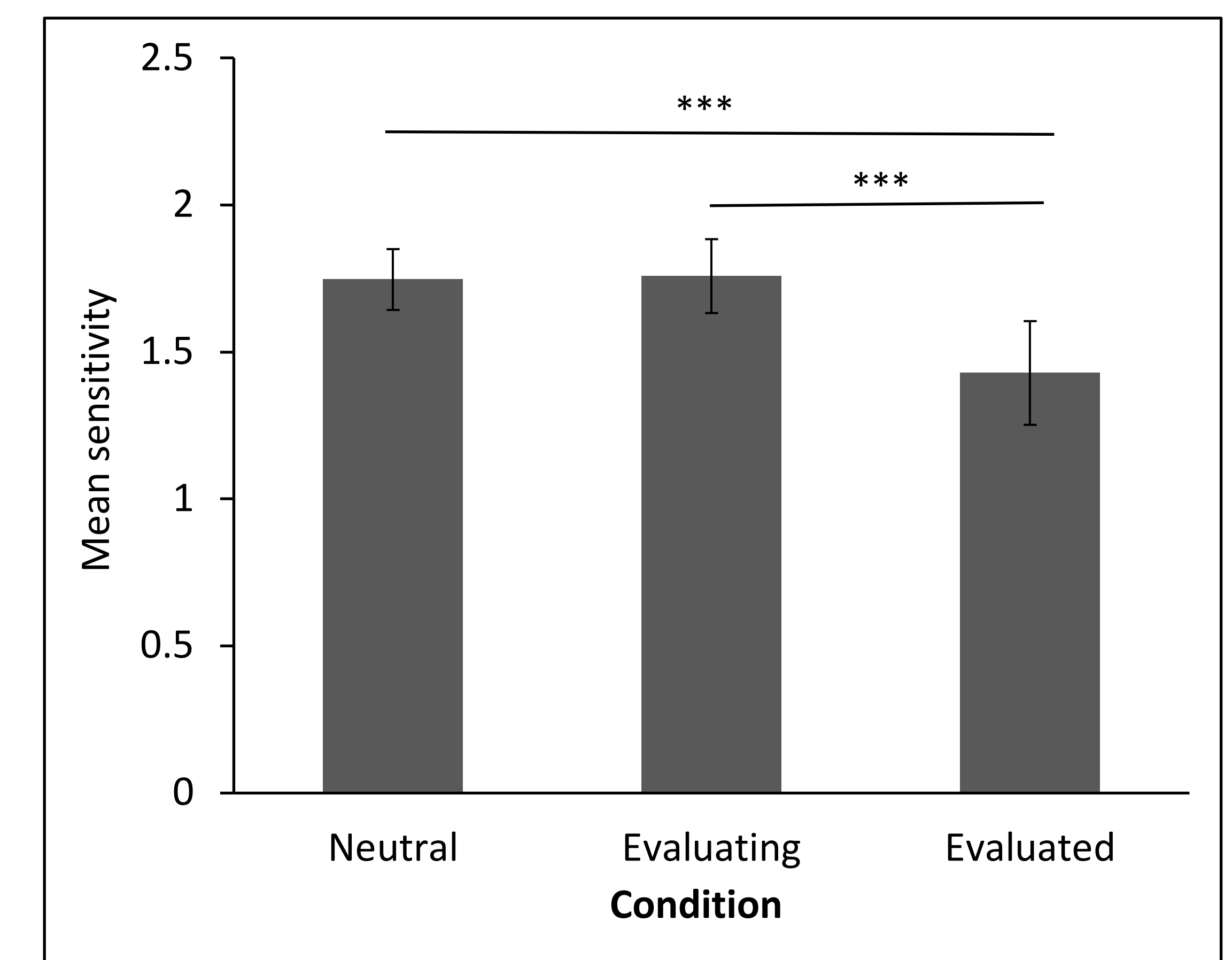
“Your eye movements are being recorded”

### Evaluated



“You are being watched”

## RESULTS



Sensitivity = mean rating of positive trials – mean rating of negative trials.

- Evaluated participants were **less sensitive** than other conditions.

## IMPLICATIONS

- An objective state of mind interferes with internal simulation
- Future: Is interference from divided general attention or emotion-specific processes?